

Molecular Docking Analysis of *Acanthus ilicifolius* Compounds Toward CUL4B-DDB1-AhR-ER α Complex Protein for Antiosteoporosis Discovery

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ABSTRACT

Osteoporosis represents a significant global public health issue, particularly among the aging population. Its incidence reaches 18.3% of the total population, with the highest prevalence observed in elderly postmenopausal women. A key factor in osteoporosis is the decreased expression level of estrogen receptor alpha (ER α), attributed to its degradation by the ubiquitin ligase protein complex Cullin4B (CUL4B), DNA damage binding 1 (DDB1), and aryl hydrocarbon receptor (AhR), collectively known as CUL4BAhR. *Acanthus ilicifolius* L contains compounds exhibiting antiosteoporosis activity, primarily by inhibiting osteoclastogenesis via RANKL. However, no reports exist of antiosteoporosis agents that act by inhibiting ER α degradation via CUL4BAhR. This study employed an *in silico* approach to predict active compounds from *A. ilicifolius* that could inhibit ER α degradation via CUL4BAhR, potentially developing them into antiosteoporosis agents. We utilized the 3D structures of proteins CUL4B-DDB1 (PDB ID:4A0L), AhR (5NJ8), and ER α (1A52) in various molecular docking tools, including ClusPro2.0, PyRx0.8, PyMol, PLIP, and SWISS-MODEL for QMEAN and structure assessment analysis. The ligands tested were acanfolioside, acanthaminoside, acteoside, isoacteoside, (-)-lyoniresinol, (-)-lyoniresinol-3a-O- β -glucopyranoside, and estradiol. Acteoside displayed lower binding affinity energy (-9.7 kcal/mol) compared to estradiol (-8.9 kcal/mol) and was the lowest among all compounds. Acteoside was found to weaken the interaction between CUL4B-Rbx1 and CUL4B-DDB1 but not between AhR and ER α . Consequently, acteoside could be a viable candidate as an antiosteoporosis agent by inhibiting ER α degradation via the CUL4B-DDB1-AhR pathway. Further biochemical, *in vitro*, and *in vivo* studies are required to strengthen this evidence.

Keywords: *Acanthus ilicifolius*; antiosteoporosis; CUL4B-DDB1-AhR; ER α ; estrogen receptor

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INTRODUCTION

Osteoporosis represents a significant public health issue globally, particularly in the aging population. By 2030, it is estimated that the number of people aged 60 and over will reach 1.4 billion (WHO, 2023). The prevalence of osteoporosis is currently at 18.3% across the entire population, with the highest incidence found in elderly postmenopausal women. Additionally, it has been reported that 20% of women with osteoporosis suffer from fatal hip fractures (Salari et al., 2021).

Osteoporosis is characterized by increased osteoclastogenesis, reduced osteoblast activity, and an imbalance in bone remodeling (Hendrijatini et al., 2019). During postmenopausal conditions, estrogen levels decrease. Estrogen interacts with estrogen receptor alpha (ER α), playing a crucial role in osteoblast generation, inhibiting bone resorption and osteoclastogenesis (Khalid & Krum, 2016). The reduction in ER α expression in

postmenopausal women leads to an increase in the level of the receptor activator of NF- κ B ligand (RANKL) and a decrease in osteoprotegerin (OPG), thereby stimulating osteoclast differentiation (Lee et al., 2013; Shen et al., 2022; Streicher et al., 2017).

The decline in ER α levels is attributed to its degradation by a ubiquitin ligase complex, comprising cullin4B (CUL4B), DNA damage binding 1 (DDB1), and the aryl hydrocarbon receptor (AhR) (Lee & Zhou, 2012; Ohtake et al., 2009, 2011, Dhiani & Mehellou, 2020). The CUL4BAhR ubiquitin ligase complex recruits and degrades ER α (Ohtake et al., 2011).

Certain plants contain glycoside compounds structurally similar to estrogen, demonstrating estrogenic activity via estrogen receptors and possessing antioxidant properties, such as soy and *Pueraria mirifica* (Jia et al., 2012; Jung sukcharoen et al., 2014). These glycoside compounds are reported to regulate proliferation and

osteoblast-osteoclast activities by inhibiting RANKL expression due to decreased ER α expression (Wu et al., 2022). Acteoside, a glycoside compound, along with steroids, alkaloids, and other flavonoid compounds (Bora et al., 2017; Saranya et al., 2015; Singh & Aeri, 2013; Van Kiem et al., 2008), is present in *Jeruju* (*A. ilicifolius*), a mangrove plant commonly found in Indonesia's coastal areas. Flavonoids, polyphenolic, and steroid compounds are found in the hydrolyzed-water fraction and its active subfraction (Dhiani & Andini, 2021). Acteoside inhibits osteoclastogenesis mediated

by RANKL (Lee et al., 2013) and promotes the growth and differentiation of osteoblast cells MC3T3-E1 (Van Kiem et al., 2008), potentially preventing osteoporosis.

Several plants have been identified as potential antiosteoporosis agents (Jia et al., 2012). However, no existing reports reveal the potential of *A. ilicifolius* compounds as antiosteoporosis agents based on the molecular mechanism, specifically focusing on the inhibition of ER α degradation by the CUL4BAhR complex.

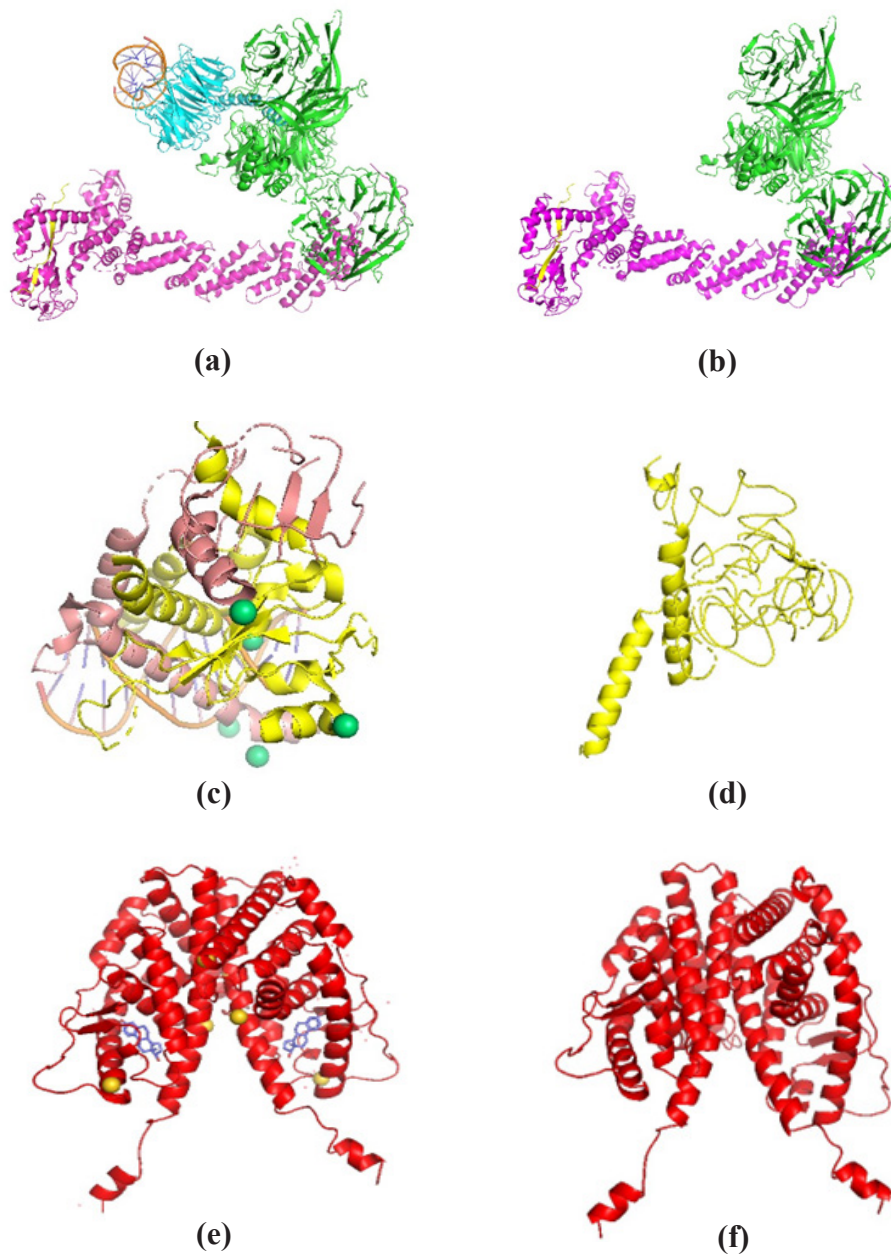


Figure 1. The 3D structure of proteins to build the CUL4B-DDB1-AhR-ER α complex structure. Rbx1-CUL4B-DDB1 complex (PDB ID: 4A0L) before (a) and after (b), AhR (PDB ID: 5NJ8) before (c) and after (d), and ER α (PDB ID: 1A52) before (e) and after (f) preparation process

In this study, we report on the molecular docking analysis of *A. ilicifolius* compounds on the CUL4B-DDB1-AhR-ER α complex using various tools, including Cluspro2.0, PyRx0.8, PyMol, PLIP, and SWISS-MODEL for QMEAN and structure assessment analysis.

METHODS

Protein and Ligand Preparation

The crystal structures of the Rbx1-CUL4B-DDB1 complex (PDB ID: 4A0L), AhR (PDB ID: 5NJ8), and ER α (PDB ID: 1A52) were obtained from the Protein Data Bank (<https://www.rcsb.org/>, 2022). Water and other ligands or macromolecules associated with the structures that were not used in this experiment (DDB2 and 12BP DNA Duplex in 4A0L; acetate ion, erbium ion, DNA, and aryl hydrocarbon receptor nuclear translocator in 5NJ8; EST and Au in 1A52) were removed. Hydrogen atoms were added to the proteins, and their geometry was cleaned using PyMol software. The structures were then saved as PDB files for uploading in ClusPro 2.0 (Kozakov et al., 2017) for protein-protein docking.

The compounds reported by Van Kiem et al. (2008) were used in this experiment. These include acancifoliuside, acteoside (CID 5281800), isoacteoside (CID 6476333), acanthaminoside, (+)-lyoniresinol-3a-O- β -glucopyranoside, (-)-lyoniresinol (CID 9888378), and estradiol (CID 5757). Molecule structures available in PubChem were retrieved as .sdf files, and those not available were drawn in ChemSketch, optimized for 3D geometry in 3D Viewer tools. Their energy was minimized and converted to .pdbqt format using Open Babel integrated into PyRx 0.8.

Protein-protein Docking of CUL4B-DDB1 and AhR

Protein-protein docking between CUL4B-DDB1 and AhR was conducted using ClusPro 2.0 (Kozakov et al., 2017). ClusPro 2.0 involved three computation steps: 1) rigid-body docking with billions of global protein conformations, 2) clustering 1000 structures with the lowest binding energy based on RMSD to model the cluster representation, and 3) sorting the structure with the minimum energy.

The 3D structures of the CUL4B-DDB1 complex (PDB ID: 4A0L) and AhR (PDB ID: 5NJ8), prepared as described above, were used as input for ClusPro 2.0. Four cluster models were obtained, with the model showing the lowest energy based on the “balanced” coefficient selected for visualization and analysis using PyMol 2.4.1 software.

Validation of the protein-protein docking results was conducted using QMEAN and structure assessment analysis on the .pdb file of the model showing the correct position of AhR in DDB1, using SWISS-MODEL (<https://swissmodel.expasy.org/>) and interaction analysis between amino acid residues in the complex was performed using the PIC web server (http://pic.mbu.iisc.ernet.in/cgi/submit_job.cgi) (Tina et al., 2007) and PDBePISA (https://www.ebi.ac.uk/msd-srv/prot_int/cgi-bin/piserver).

Protein-protein Docking of CUL4B-DDB1-AhR Complex and ER α

The best model of the CUL4B-DDB1-AhR complex, selected from the previous protein-protein docking step, was then docked to ER α using ClusPro 2.0, following the same analysis steps.

Table 1. Model score of the complex CUL4B-DDB1-AhR

| Cluster | Members | Representative | Weighted Score |
|---------|---------|----------------|----------------|
| 11 | 18 | Center | -874.1 |
| | | Lowest Energy | -874.1 |
| 13 | 17 | Center | -765.1 |
| | | Lowest Energy | -848.2 |
| 25 | 11 | Center | -813.0 |
| | | Lowest Energy | -813.0 |

Table 2. QMEAN score, MolProbity score, and % highly favored region on ramachandran plot of selected models CUL4B-DDB1-AhR

| Model | QMEAN Score | MolProbity Score | %Highly favored region on Ramachandran plot |
|-------|-------------|------------------|---|
| 11 | -3.39 | 3.12 | 90.61 |
| 13 | -3.44 | 3.10 | 90.36 |
| 25 | -3.39 | 3.63 | 91.30 |

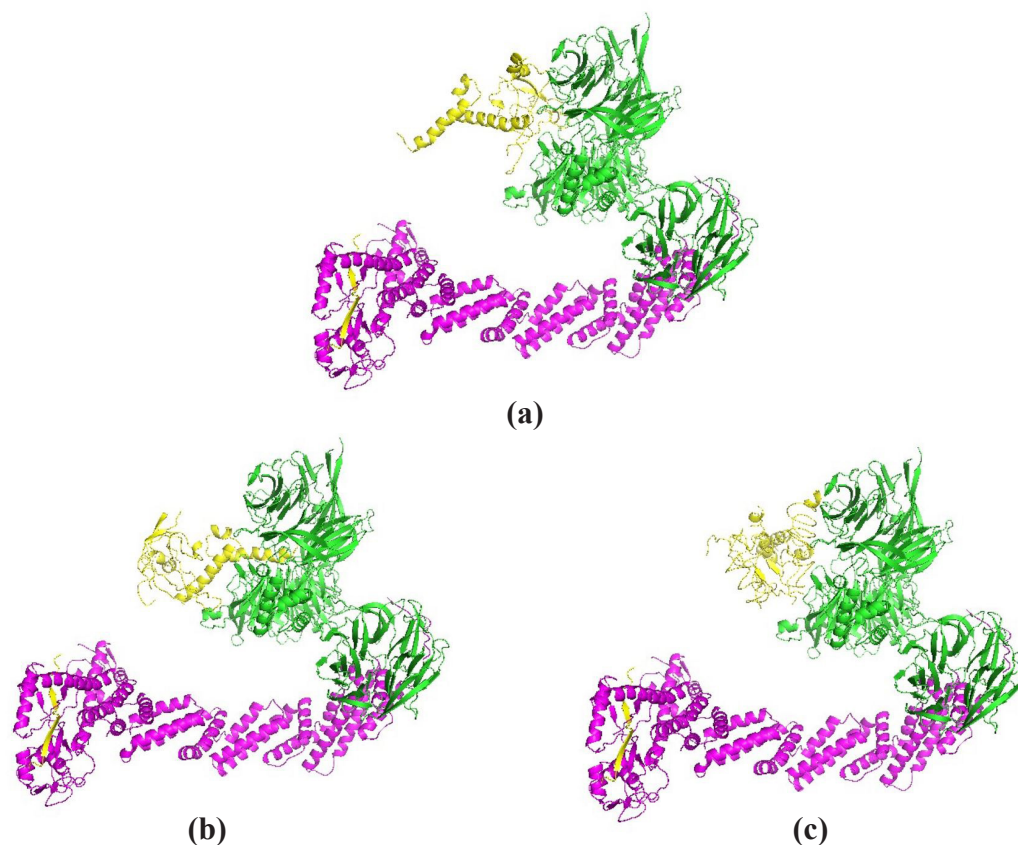


Figure 2. Visualization of complex protein CUL4B-DDB1-AhR model 11 (a), 13 (b), and 25 (c) generated from Cluspro 2.0

Table 3. Model score of the CUL4B-DDB1-AhR-ER α protein complex

| Cluster | Members | Representative | Weighted Score |
|---------|---------|----------------|----------------|
| 0 | 56 | Center | -1153.0 |
| | | Lowest Energy | -1394.8 |
| 1 | 40 | Center | -1143.9 |
| | | Lowest Energy | -1241.3 |
| 2 | 28 | Center | -1011.0 |
| | | Lowest Energy | -1094.2 |
| 3 | 24 | Center | -993.5 |
| | | Lowest Energy | -1401.7 |
| 4 | 23 | Center | -1028.1 |
| | | Lowest Energy | -1256.5 |

Molecular Docking of Compounds to CUL4B-DDB1-AhR-ER α Complex

Molecular docking was performed to identify the *A. ilicifolius* compounds with the best binding scores using PyRx 0.8 (<https://pyrx.sourceforge.io/>) (Dallakyan & Olson, 2015). Utilizing AutoDock Vina integrated into PyRx 0.8, all seven compounds were docked against the predicted interface between AhR and ER α . Energy

optimization of these molecules was carried out using the default energy minimization parameters provided by Open Babel within PyRx 0.8, employing the UFF force field and conjugate gradients as the optimization algorithm. The settings for 'total number of steps', 'number of steps for update', and 'stop if energy difference is less than' were configured to 200, 1, and 0.1, respectively (Dallakyan & Olson, 2015).

Table 4. Amino acid residues in the interface region between AhR and ER α

| Types | AhR | | with | ER α | |
|--------------------------------------|----------|----------|------|-------------|---------|
| | Position | Residues | | Position | Residue |
| Hydrophobic interactions (within 5Å) | | | | | |
| | 214 | PRO | | 539 | LEU |
| | 214 | PRO | | 543 | MET |
| | 215 | LEU | | 536 | LEU |
| | 221 | ILE | | 522 | MET |
| | 221 | ILE | | 526 | TYR |
| | 227 | LEU | | 462 | LEU |
| | 236 | ALA | | 522 | MET |
| | 145 | TYR* | | 358 | ILE* |
| | 146 | LEU* | | 376 | VAL* |
| | 227 | LEU* | | 461 | PHE* |
| Hydrogen bonds | | | | | |
| Main chain-main chain | | | | | |
| | 227 | LEU | | 461 | PHE |
| Main chain-side chain | | | | | |
| | 227 | LEU | | 377 | HIS |

Note: *new amino acid residue interaction after acteoside binds to the interface region

Subsequently, these compounds were converted into .pdbqt format, making them suitable for docking with the CUL4B-DDB1-AhR-ER α complex. The center of the grid box was set to coordinates (X: 18.7501, Y: 32.1680, Z: 69.9947), and its dimensions were X: 74.5658, Y: 87.0139, Z: 60.6323, with an exhaustiveness level of 8. The grid box size was chosen to encompass the interface area of AhR and ER α , which was identified as a potential binding site based on FTMap analysis (Figure 4.c) (Kozakov et al., 2015).

Docking validation involved re-docking estradiol from the native co-crystallized 1A52 structure to the CUL4B-DDB1-AhR-ER α complex in PyRx 0.8. This process began with manually opening the co-crystallized 1A52 file, followed by removing estradiol, which was then pasted and saved in PDB file format. The same protocol, including grid parameters, was maintained while docking this native estradiol with the CUL4B-DDB1-AhR-ER α complex. The re-docked estradiol was then superimposed onto the CUL4B-DDB1-AhR-ER α -estradiol complex, and the RMSD value was calculated using PyMol.

The ligand positioning within the CUL4B-DDB1-AhR-ER α complex was visualized using PyMol 2.4.1 software (<https://pymol.org/2/>). The docking calculations yielded

binding affinity and RMSD values, which PyRx 0.8 automatically sorted to identify the lowest energy for each compound, with a standard limit of 2 Å. Interaction analysis between amino acid residues in the complex, both with and without the ligands, was then performed using PDBEPIA (https://www.ebi.ac.uk/msd-srv/prot_int/cgi-bin/piserver) and PLIP (Adasme et al., 2021).

RESULTS AND DISCUSSION

Protein-Protein Docking of CUL4B-DDB1 to AhR

The 3D structure of CUL4B-DDB1 (PDB ID: 4A0L) before and after preparation is illustrated in Figures 1.a and 1.b. Two macromolecules, DDB2 and a 12BP DNA Duplex associated with the structure, were removed along with water. In 4A0L, the Rbx1 and DDB1 proteins were retained as they are subunits of the ubiquitin ligase complex essential for ubiquitination (Figures 1.c and 1.d). The original 3D structure of AhR (PDB ID: 5NJ8) contained an acetate ion, erbium ion, DNA, and aryl hydrocarbon receptor nuclear translocator, all were removed. Estradiol and Au, associated with the ER α structure (PDB ID: 1A52), were also removed to achieve a clean geometry (Figures 1.e and 1.f).

Protein-protein docking of CUL4B-DDB1 to AhR using ClusPro 2.0 resulted in 30 model structures with varying binding locations of AhR. AhR, a substrate receptor in the E3 ubiquitin ligase system (Dou et al., 2019; Luecke-Johansson et al., 2017), binds to DDB1 and recruits the substrate to function as an E3 ubiquitin ligase (Dou et al., 2019). Among these 30 models, structures CUL4B-DDB1-AhR 11, 13, and 25 demonstrated correct AhR binding regions (Figure 2). All models exhibited QMEAN scores below -4.0 and percentages of highly favored regions above 90% (Tables 1 and 2), indicating high-quality models (Studer et al., 2020; Williams et al., 2018). Based on the weighted score from ClusPro, QMEAN, MolProbity score, and the percentage of highly favored regions from Ramachandran plot analysis

by SWISS-MODEL (Table 1 and 2), model 11 was determined to be the best among the three. Model 11 had more neighboring amino acid residues than models 13 and 25. Despite model 25 showing the highest percentage of highly favored regions in the Ramachandran plot, the overall parameters of model 11 outweighed those of the other models.

CUL4B-DDB1, as an E3 ubiquitin ligase complex, is known to bind to different substrate receptors. The well-known substrate receptor for CUL4B-DDB1 is cereblon, which targets thalidomide (Fischer et al., 2014). WDR3/WDR6, reported to be a substrate receptor that binds CUL4B-DDB1 in the ubiquitination of SPAK/OSR1 proteins (Dhiani & Mehellou, 2020), is another example.

Table 5. Energy binding affinity of *Acanthus ilicifolius* compounds to the CUL4B-DDB1-AhR-ER α protein complex

| Rank | Name | Compound ID | Energy binding affinity (kcal/mol) |
|---------------|---|-------------|------------------------------------|
| 1 | Acteoside | CID 5281800 | -9.7 |
| 2 | Isoacteoside | CID 6476333 | -8.6 |
| 3 | Acancifoliuside | - | -8.4 |
| 4 | Acanthaminoside | - | -8.1 |
| 5 | (-)-Lyoniresinol | CID 9888378 | -7.7 |
| 6 | (+)-Lyoniresinol-3a-O- β -glucopyranoside | - | -7.4 |
| Native ligand | Estradiol | CID 5757 | -8.9 |

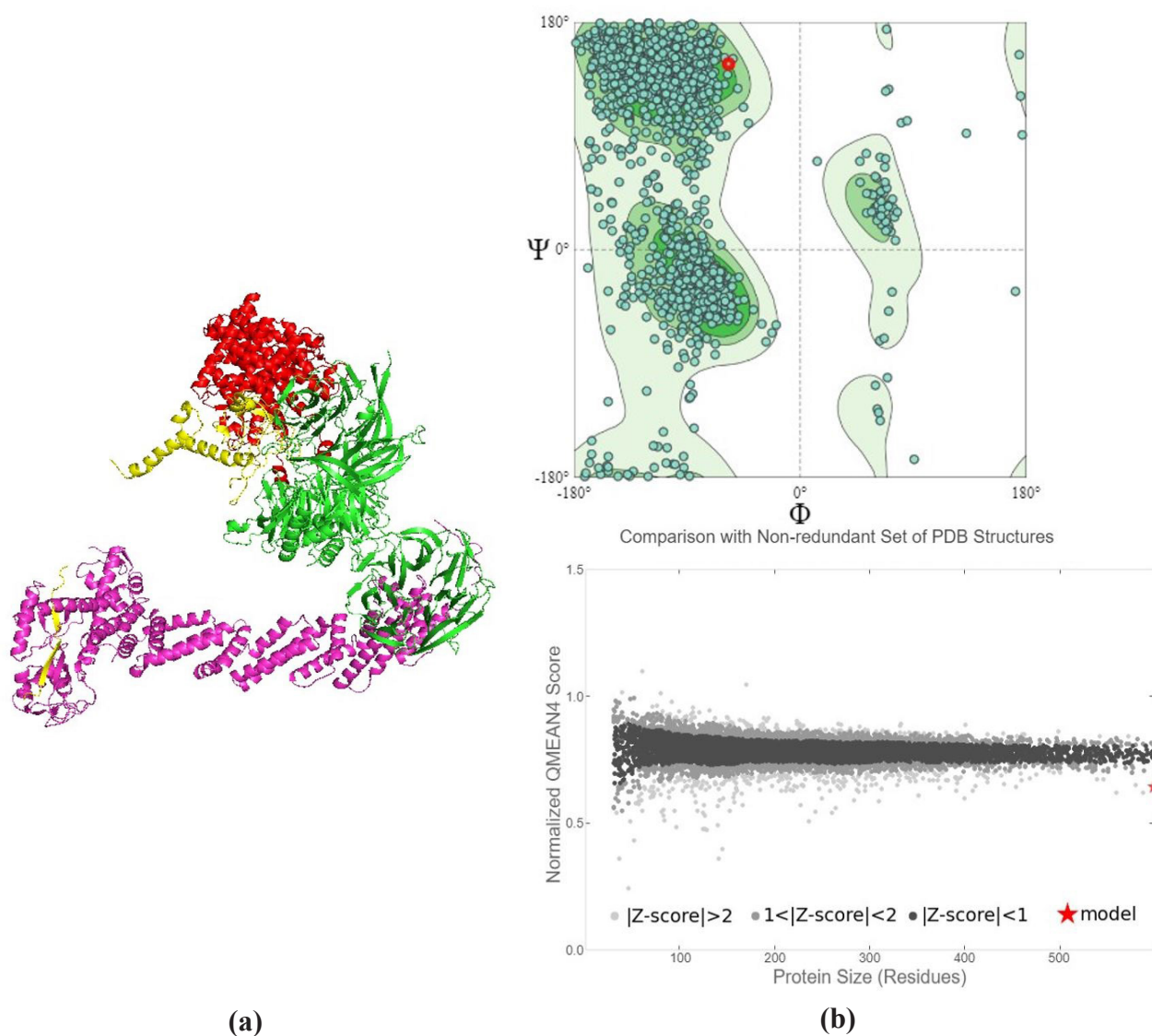
Table 6. Interacting amino acid of acteoside with CUL4B-DDB1-AhR-ER α complex

| Residue | Amino Acids | Distance (Å) |
|--------------------------|-------------|--------------|
| Hydrophobic interactions | | |
| 122C | Leucine | 3.93 |
| 122C | Leucine | 3.74 |
| 145C | Tyrosine | 3.84 |
| 145C | Tyrosine | 3.33 |
| 145C | Tyrosine | 3.53 |
| 146C | Leucine | 2.46 |
| 354A | Leucine | 3.64 |
| 355A | Valine | 3.70 |
| Hydrogen bonds | | |
| 139C | Serine | 2.27 |
| 139C | Serine | 3.24 |
| 141C | Threonine | 2.71 |
| 383A | Tryptophan | 2.48 |
| 526A | Tyrosine | 1.99 |

Table 7. PDBePISA parameter of CUL4B-DDB1-AhR-ER α protein complex in the absence or presence of ligand (acteoside)

| CUL4B-DDB1-AhR-ER α | | | | CUL4B-DDB1-AhR-ER α -ligand | | | |
|----------------------------|----------------------|-----------------|-----------------|------------------------------------|----------------------|-----------------|-----------------|
| Interface Range | Δ iG kcal/mol | N _{HB} | N _{SB} | Interface Range | Δ iG kcal/mol | N _{HB} | N _{SB} |
| E:F | -17.8 | 25 | 13 | E:F | -15.2 | 25 | 13 |
| A:E | -4.1 | 29 | 29 | A:E | -1.1 | 27 | 25 |
| A:C | -14.8 | 14 | 14 | A:C | -27.0 | 15 | 14 |

Note: A: ER α /DDB1; C: AhR; E: CUL4B; F: Rbx1 Structure; N_{HB}: Number of hydrogen bonds; N_{SB}: Number of salt bridges

**Figure 3. Visualization of complex CUL4B-DDB1-AhR-ER α model 0 (a) and its Ramachandran and quality comparison plots of the model generated from SWISS-MODEL analysis (b)**

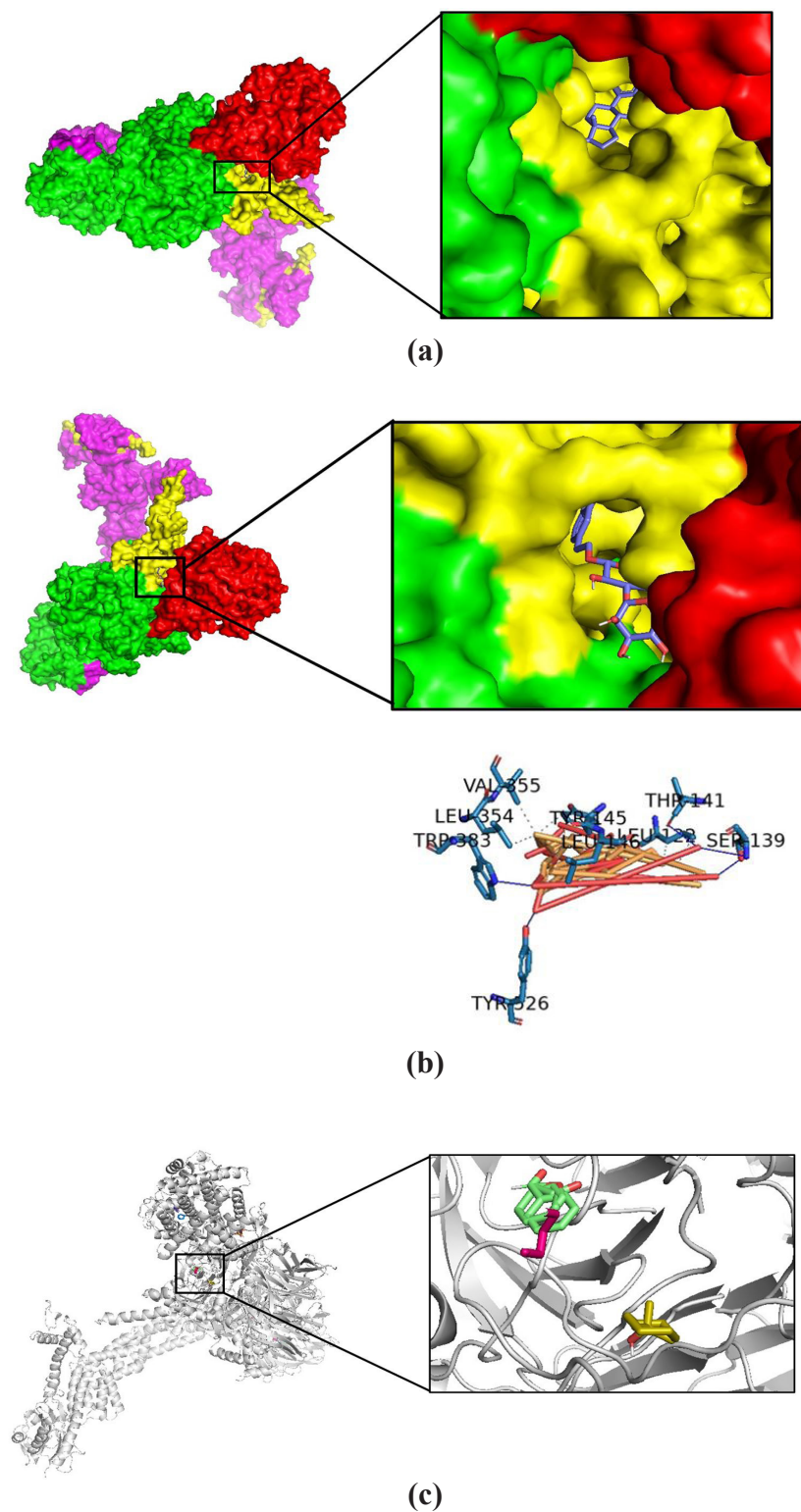


Figure 4. Model docking result of *Acanthus ilicifolius* compounds in CUL4B-DDB1-AhR-ER α . (a) estradiol and (b) acteoside which shows the interaction with amino acid residue of AhR and -ER α based on PLIP analysis. These bindings were occurred in the binding site as predicted based on FTMap analysis (c)

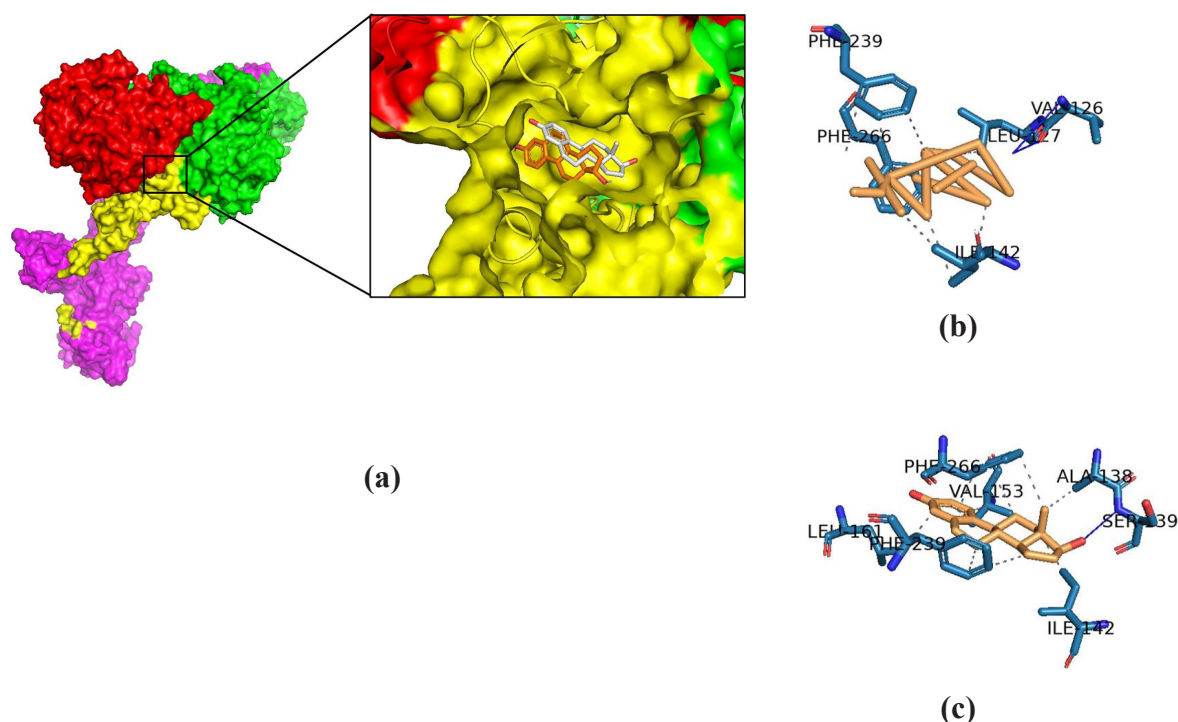


Figure 5. Superimposition of re-docked estradiol from native 1A52 (white) onto CUL4B-DDB1-AhR-ER α -estradiol (orange) complex in the binding site using PyMol (a) with the interacted amino acid residue shown based on PLIP analysis for native estradiol (b), and estradiol docked to CUL4B-DDB1-AhR-ER α (c)

Other studies have identified substrate receptors for CUL4B-DDB1, such as COP1 (Luo et al., 2023) and DCAF11 (Chen et al., 2017), among others (Jackson & Xiong, 2009). However, there is limited literature on AhR as a substrate receptor of CUL4B-DDB1, with only one report (Dou et al., 2019) since AhR was identified as an E3 ubiquitin ligase (Ohtake et al., 2009). Furthermore, no CUL4B-DDB1-AhR crystal structures are currently available in the PDB database.

Protein-protein docking of CUL4B-DDB1-AhR to ER α

In the protein-protein docking process, model 11 of the CUL4B-DDB1-AhR complex was used as the receptor in ClusPro 2.0, with ER α acting as the ligand. Protein-protein docking resulted in the generation of 18 models for the CUL4B-DDB1-AhR to ER α interaction. Model 0 emerged as the best representation of the CUL4B-DDB1-AhR-ER α structure, characterized by the correct ER α binding location, the highest number of members, and the lowest weighted score among the top five models (Table 3). According to PIC analysis, the interaction between AhR and ER α in the CUL4B-DDB1-AhR-ER α complex was identified at approximately amino acid 500 at the end of the C-terminal of the ER α ligand binding domain (LBD) (Table 4). This finding confirms the accurate binding location of ER α to the CUL4-DDB1-AhR complex (Figure 3) and supports the hypothesis presented in the only study

investigating the association of ER α with the CUL4B ubiquitin complex (Ohtake et al., 2011; Huang et al., 2018).

A. ilicifolius compounds docking to the CUL4B-DDB1-AhR-ER α complex

All six *A. ilicifolius* compounds and estradiol were used as ligands in ligand-protein docking targeting the CUL4B-DDB1-AhR-ER α complex. Docking was carried out using AutoDock Vina in PyRx 0.8. Acteoside and estradiol docked in the same binding pocket of the CUL4B-DDB1-AhR-ER α complex (Figure 4). These bindings occurred at the same site predicted by FTMap analysis (Figure 4.c). The energy binding affinities for all ligands are shown in Table 5. Docking validation involved re-docking estradiol from the native co-crystallized structure 1A52 to the CUL4B-DDB1-AhR-ER α complex, resulting in an RMSD value of 2.5 Å.

Considering the resolution of the native co-crystal structure 1A52 from the PDB is 2.8 Å, an RMSD below this number (between >2 Å and <3 Å) and the preservation of key residues indicate the validity of the docking protocol (Figure 5) (Carugo, 2003; Ramírez & Caballero, 2018).

Acteoside exhibited the lowest energy binding affinity among the *A. ilicifolius* compounds and estradiol, suggesting that it binds more strongly to the CUL4B-DDB1-AhR-ER α complex, than estradiol, the native ligand of ER α (Pantsar & Poso, 2018). Acteoside established hydrophobic interactions with CUL4B-DDB1-AhR-ER α residues at Leucine122, Tyrosine145, Leucine146 in AhR, and Leucine354, Leucine355 in ER α . Hydrogen bonds were also observed between acteoside and Serine 139, Threonine141 in AhR, and Tryptophan383, Tryptophan526 in ER α (Table 6). The binding of acteoside introduced several new amino acid residues that engage in hydrophobic interactions within the AhR-ER α interface region (Table 4). However, instead of weakening, the binding of acteoside in the CUL4B-DDB1-AhR-ER α complex strengthens the interaction between AhR and ER α . The binding of acteoside in the AhR-ER α interface region has been shown to weaken the interaction between CUL4B-Rbx1 and CUL4B-DDB1 (Table 7). The solvation-free energy increased in the interface region of CUL4B-Rbx1 and CUL4B-DDB1 after acteoside binding, weakening the interaction (Speight, 2020).

The Rbx1 protein is part of the Cullin-RING Ligase (CRL) complex, which is essential for CRL activities (Chen et al., 2015). Rbx1 recruits the E2 ubiquitin ligase, which then transfers ubiquitin to the substrate, promoting the ubiquitination of ER α . Therefore, a weakened interaction between Rbx1 and CUL4B could reduce or nullify the CUL4B-DDB1-AhR complex's ability to ubiquitinate and degrade ER α . This inhibition of ER α degradation supports the potential of acteoside as an antiosteoporosis agent. Acteoside has been reported to inhibit osteoclastogenesis by suppressing RANKL protein (Lee et al., 2013). Thus, the mechanism by which acteoside prevents osteoporosis by inhibiting ER α degradation via CUL4BAhR inhibition could be a novel approach to developing an antiosteoporosis agent.

CONCLUSION

Among the seven *Acanthus ilicifolius* compounds, acteoside exhibited the highest affinity towards the CUL4B-DDB1-AhR-ER α complex, surpassing estradiol, the native ligand. Acteoside strengthens the interaction between AhR and ER α but weakens the interaction between CUL4B, Rbx1, and DDB1. This weakened interaction is anticipated to hinder the ubiquitination of ER α . Therefore, acteoside is a promising candidate for antiosteoporosis, potentially inhibiting ER α degradation via CUL4BAhR. Biochemical, *in vitro*, and *in vivo* studies are required to substantiate this hypothesis further.

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CONFLICT OF INTEREST

The authors declare no conflict of interest.

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